

TB=Twin Bluff C=Colvill August/Sept. 2010 – Alternative Lap

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7:00 – 8:45 am-C 11:30-1:30 pm-TB	3 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB	4 7:00 – 8:45 am-C 11:30-1:30 pm-TB	5 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB	6 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm - TB	7 8:00-10:00 am-C
8	9 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	10 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm - TB	11 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	12 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm - TB	13 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	14
15	16 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	17 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm - TB	18 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	19 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm - TB	20 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	21 8:00-10:00 am-C
22	23 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	24 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm-TB	25 7:00 – 8:45 am-C 11:30-1:30 pm-TB 4:30-6:00 pm-TB	26 9:00-9:45 am-C Shared with water walking 11:30-1:30 pm-TB 4:30-6:00 pm-TB	27 7:00 – 8:45 am-C	28
29	30 11:30-1:30 pm-TB 4:30-6:00 pm-TB	31 11:30-1:30 pm-TB 4:30-6:00 pm-TB	1 - September 11:30-1:30 pm-TB 4:30-6:00 pm-TB	2 - September 11:30-1:30 pm-TB 4:30-6:00 pm-TB	3 - September 11:30-1:30 pm-TB 4:30-6:00 pm-TB	

During early morning lap swim at Colvill, there is limited locker room accessibility for showering due to cleaning. These lap swim times are FREE with your Y membership. Please bring in your own towel, padlock and Y membership card. You will sign in and get credit for your insurance if necessary.