

# YOUTH DEVELOPMENT

## Nurturing the potential of every child and teen

### SWIM, SPORTS & PLAY

#### Progressive Youth Swim Lessons

The Y is a world leader in progressive swim lessons. The program is designed for children ages 3 and older, is divided into ten levels and is oriented towards student-centered learning. Personal safety, stroke development, water sports and games, personal development and rescue are incorporated into each level. YMCA membership is **not** required to participate in swim lessons.

#### Registration Process

- Registration for current YMCA members will be on May 10<sup>th</sup>.
- Each family wishing to register their children for swim lessons must fill out a registration form and return it to the YMCA before 10:00 am on Tuesday, May 10<sup>th</sup>.
- Registration forms are available at the YMCA or on-line at [www.redwingymca.org](http://www.redwingymca.org)
- At 10:00 am, the staff and volunteers will begin registering the children for classes. Staff and volunteers will call parents beginning at 5:00 pm to inform them of what classes their children were registered for.
- Families may register for one session of swim lessons.
- Registration for non-members will begin on May 17<sup>th</sup> at 10:00 am. Registrations will be taken in person or by phone. The \$37 fee must be paid upon registration.

#### Registration Dates

Tuesday, May 10<sup>th</sup> for members

Tuesday, May 17<sup>th</sup> for non-members

#### Session Dates

Morning or afternoons - June 14 - 30

Morning or afternoons - July 12-28

Monday or Wednesday evenings June 13-July 27

No classes the week of July 4<sup>th</sup>

#### Class Schedule

##### *Morning or afternoon schedule for both June and July*

Classes meet on Tuesday, Wednesday and Thursday

9:00-9:30 am - Polliwog, Bluegill, Guppy

9:30-10:00 am - Pike, Eel, Polliwog, Bluegill

10:00-10:30 am - Pike, Eel, Bluegill, Guppy, Minnow

10:30-11:00 am - Pike, Eel, Polliwog, Bluegill, Fish

11:00-11:30 am - Pike, Eel, Polliwog

12:30-1:00 pm-Guppy, 12:35-1:05 pm-Pike, Eel, 12:40-1:10 pm-Polliwog

1:00-1:30 pm-Flying Fish, 1:05-1:35-Bluegill, 1:10-1:40 pm-Pike, Eel

1:30-2:00 pm- Bluegill, 1:35-2:05 pm-Bluegill

##### *Evening schedule*

Monday

4:45-5:15 pm - Polliwog, Bluegill, Guppy

5:15-5:45 pm - Pike, Eel, Polliwog

5:45-6:15 pm - Pike, Eel, Polliwog, Bluegill

6:15-6:45 pm - Bluegill, Minnow, Parent/Tot Aqua Class

Wednesday

4:30-5:00 pm - Polliwog, Bluegill, Fish

5:00-5:30 pm - Pike, Eel, Polliwog

5:30-6:00 pm - Pike, Eel, Polliwog, Guppy

6:00-6:30 pm - Pike, Eel, Bluegill, Guppy

6:30-7:00 pm - Bluegill, Guppy, Minnow